



## The Doctor's Workout DVD Request

MDfitness is committed to helping cancer patients restore and maintain the best possible quality of life. We are donating 200 copies of The Doctor's Workout DVD to any patients that feel they would benefit from a safe, effective exercise program scientifically proven to help prevent and conquer cancer.

For your complimentary copy of The Doctor's Workout, please send the following completed form along with documentation from your treating provider confirming approval of this exercise program in your treatment plan via email: [info@thedoctorsworkout.com](mailto:info@thedoctorsworkout.com) or mail: MDfitness, Attn: DVD Request, 175 Ammon Drive, Suite 219, Manchester, NH 03103.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

I prefer to be contacted via email \_\_\_\_\_. phone \_\_\_\_\_. (Please check preferred method.)

Treating Provider \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

### ***The Prescription for Transforming your Life!***

MDfitness, LLC | 175 Ammon Drive | Suite 219 | Manchester, NH 03103  
Office: (603) 935-4444 | Toll-Free: 1-855-85-MDFIT (63348) | Fax: 603-935-4445  
[www.thedoctorsworkout.com](http://www.thedoctorsworkout.com)